

Click here to see an
example of this template
as a record.

Measuring Staff Wellbeing

Based on [“Looking after teacher wellbeing”](#) by the Education Support Partnership.

A quick form to easily assess teacher well-being and easily target those who are struggling with tailored support.

Focus Areas

Do you feel stressed at work?

Do you feel adequately supported at work?

Do you feel equipped to manage your workload?

Comments have been disabled for these focus areas to allow staff to quickly provide an outcome without the need to enter explanations. The results could be discussed at a later date during follow up meetings with line managers to help address concerns and implement support.

Measuring staff wellbeing

Do you feel stressed at work?	Outcome: No
No	
0 1 0	Add +
Do you feel adequately supported at work?	Outcome: Yes
Yes	
0 0 0	Add +
Do you feel equipped to manage your workload?	Outcome: Yes
Yes	
0 0 0	Add +

Outcome set
“Staff Wellbeing Measure”

Outcomes:
Yes
No
N/A

Focus Areas

Do you have someone/somewhere to go for help?

Would you like the opportunity to have counselling?

What do you enjoy about your job?

What do you not like?

The final two focus areas of this template have no outcomes linked. This means that staff are able to free type their responses. Any comments entered into a focus area will pull through to the details reports which makes it easier to filter and view responses.

Do you have someone/somewhere to go for help? <i>Where/who do you turn to if there is something wrong?</i>	Outcome: Yes
Yes	
Comments: Support network of colleagues	
▼ [Icons] Add +	
Would you like the opportunity to have counselling?	Outcome: No
No	
▼ [Icons] Add +	
What do you enjoy about your job?	
Comments: Working with students to encourage a love of learning	
▼ [Icons] Add +	
What do you not like?	
Comments: Behaviour management is difficult sometimes and workload can become overwhelming at times.	
▼ [Icons] Add +	

Outcome set
"Staff Wellbeing Measure"

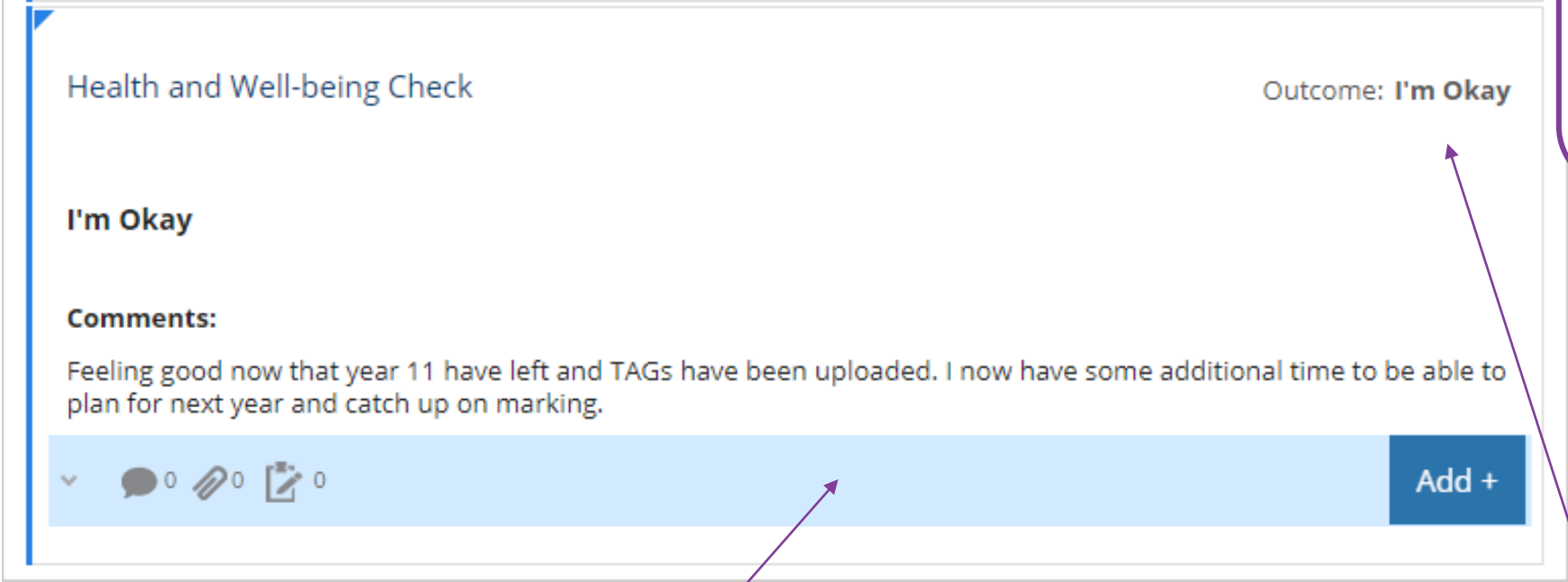
Outcomes:
Yes
No
N/A

A great way to highlight to staff that counselling and support is available to help them.

This outcome also allows for leaders to quickly evaluate the staff who have requested counselling to make further arrangements for them. It also allows for leaders to identify and address any concerns with staff not feeling like they have anyone/anywhere to turn to for support.

This focus area and outcome set allows for staff to identify their current health and well-being. It could be that this is checked in weekly, monthly or termly meetings with mentors or line managers.

Focus Areas
Health and Well-being Check



The screenshot shows a user interface for a 'Health and Well-being Check'. At the top, the title 'Health and Well-being Check' is displayed. Below it, the selected outcome is 'I'm Okay'. A 'Comments:' section contains the text: 'Feeling good now that year 11 have left and TAGs have been uploaded. I now have some additional time to be able to plan for next year and catch up on marking.' At the bottom of the entry, there is a light blue bar with icons for a dropdown menu, a speech bubble with '0', a paperclip with '0', and a document with '0'. To the right of this bar is a dark blue button labeled 'Add +'. The outcome 'I'm Okay' is also highlighted in a separate box on the right side of the interface.

Outcome set
"Health and Well-being Check"

Outcomes:
I'm Great
I'm Okay
I'm So-So
I'm Struggling
Hard Time
I Need Help


The add functionality allows for a dialogue to be created through reflections.

Mentors are also able to upload links and resources they think may be able to help support.

Follow up meetings can also be arranged through the actions functionality as well as any additional support meetings.

This outcome set means that staff can easily highlight if they need additional support.

Leaders will then quickly be able to identify those who may need help and offer support.



What would this
look like in
reports?

Outcome set
“Staff Wellbeing
Measure”

Outcomes:
Yes
No
N/A

Focus Areas

Do you feel stressed at work?

Do you feel adequately supported at work?

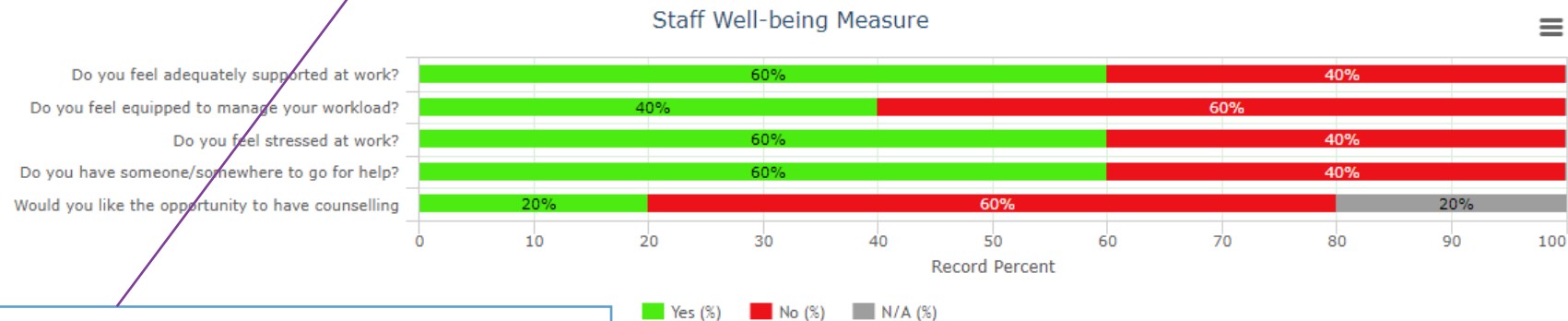
Do you feel equipped to manage your workload?

Do you have someone/somewhere to go for help?

Would you like the opportunity to have counselling?

Staff Well-being Measure ?

Focus Area Name	Yes (%)	No (%)	N/A (%)	Total
Do you feel adequately supported at work?	60.0	40.0	0.0	5
Do you feel equipped to manage your workload?	40.0	60.0	0.0	5
Do you feel stressed at work?	60.0	40.0	0.0	5
Do you have someone/somewhere to go for help?	60.0	40.0	0.0	5
Would you like the opportunity to have counselling?	20.0	60.0	20.0	5
Total	12	12	1	25



This outcome set allows for leaders to identify and address any concerns with staff and to quickly implement support for those who need it.

Focus Areas
Health and Well-being Check

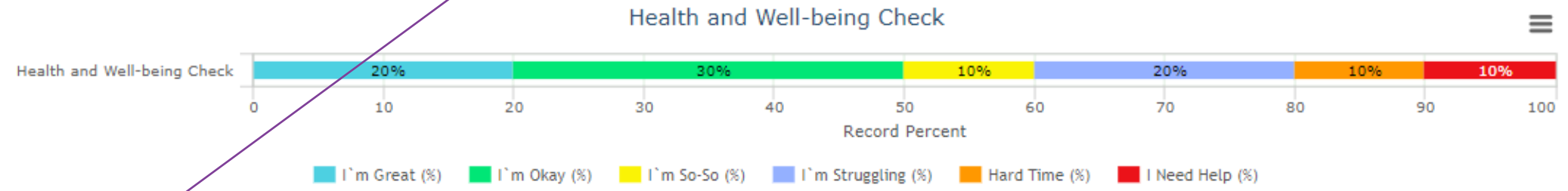
Outcome set
“Health and Well-being Check”

Outcomes:
I’m Great
I’m Okay
I’m So-So
I’m Struggling
Hard Time
I Need Help

Health and Well-being Check ?

Focus Area Name	I'm Great (%)	I'm Okay (%)	I'm So-So (%)	I'm Struggling (%)	Hard Time (%)	I Need Help (%)	Total
Health and Well-being Check	20.0	30.0	10.0	20.0	10.0	10.0	10
Total	2	3	1	2	1	1	10

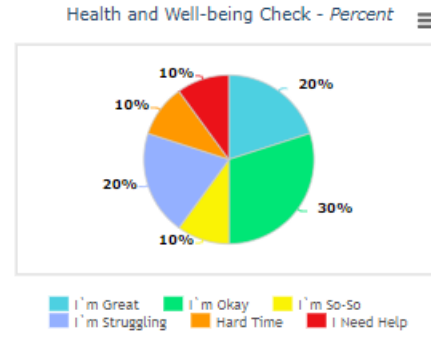
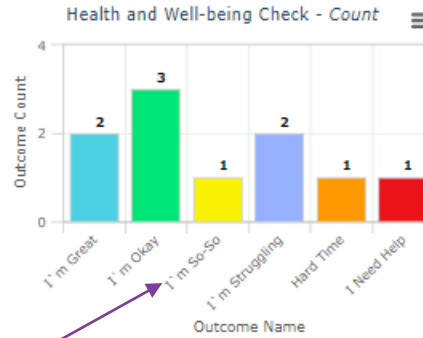
0% 100%



This outcome set allows for staff to easily identify if they need additional support while also making sure that leaders are aware of this need. Leaders can then use this information to provide support for staff who are struggling.

Summary Information

Outcome Name	Count	%
I'm Great	2	20.0
I'm Okay	3	30.0
I'm So-So	1	10.0
I'm Struggling	2	20.0
Hard Time	1	10.0
I Need Help	1	10.0



Focus Areas
Health and Well-being Check

Outcome set
"Health and Well-being Check"

Outcomes:
I'm Great
I'm Okay
I'm So-So
I'm Struggling
Hard Time
I Need Help

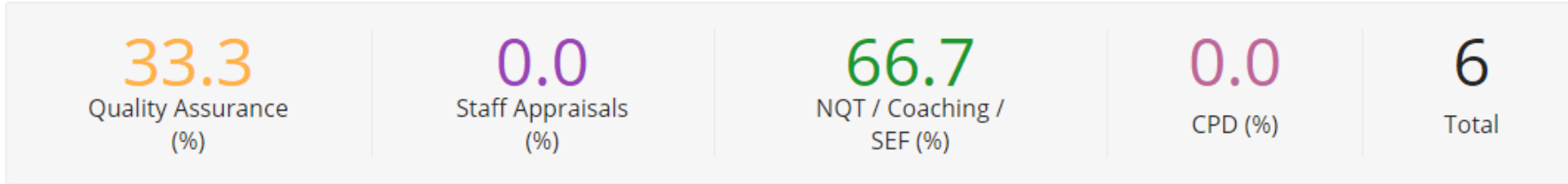
Detailed Information

Category	Department	Team	Staff																																																																								
Staff																																																																											
			<table border="1"> <thead> <tr> <th>Staff</th> <th>I'm Great (%)</th> <th>I'm Okay (%)</th> <th>I'm So-So (%)</th> <th>I'm Struggling (%)</th> <th>Hard Time (%)</th> <th>I Need Help (%)</th> <th>Total</th> </tr> </thead> <tbody> <tr> <td>Adams, Debby (DA)</td> <td>0</td> <td>100.0</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> <td>1</td> </tr> <tr> <td>Bird, James (JB)</td> <td>0</td> <td>0</td> <td>0</td> <td>100.0</td> <td>0</td> <td>0</td> <td>1</td> </tr> <tr> <td>Chan, Kevin (KCH)</td> <td>100.0</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> <td>1</td> </tr> <tr> <td>Fletcher, James (JF)</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> <td>100.0</td> <td>1</td> </tr> <tr> <td>Jarvis, Becca (BJ)</td> <td>0</td> <td>100.0</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> <td>1</td> </tr> <tr> <td>Plews, Kath (KP)</td> <td>0</td> <td>0</td> <td>0</td> <td>100.0</td> <td>0</td> <td>0</td> <td>1</td> </tr> <tr> <td>Richardson, Trevor (TR)</td> <td>0</td> <td>50.0</td> <td>0</td> <td>0</td> <td>50.0</td> <td>0</td> <td>2</td> </tr> <tr> <td>Wilkinson, Jenna (JAW)</td> <td>50.0</td> <td>0</td> <td>50.0</td> <td>0</td> <td>0</td> <td>0</td> <td>2</td> </tr> </tbody> </table>	Staff	I'm Great (%)	I'm Okay (%)	I'm So-So (%)	I'm Struggling (%)	Hard Time (%)	I Need Help (%)	Total	Adams, Debby (DA)	0	100.0	0	0	0	0	1	Bird, James (JB)	0	0	0	100.0	0	0	1	Chan, Kevin (KCH)	100.0	0	0	0	0	0	1	Fletcher, James (JF)	0	0	0	0	0	100.0	1	Jarvis, Becca (BJ)	0	100.0	0	0	0	0	1	Plews, Kath (KP)	0	0	0	100.0	0	0	1	Richardson, Trevor (TR)	0	50.0	0	0	50.0	0	2	Wilkinson, Jenna (JAW)	50.0	0	50.0	0	0	0	2
Staff	I'm Great (%)	I'm Okay (%)	I'm So-So (%)	I'm Struggling (%)	Hard Time (%)	I Need Help (%)	Total																																																																				
Adams, Debby (DA)	0	100.0	0	0	0	0	1																																																																				
Bird, James (JB)	0	0	0	100.0	0	0	1																																																																				
Chan, Kevin (KCH)	100.0	0	0	0	0	0	1																																																																				
Fletcher, James (JF)	0	0	0	0	0	100.0	1																																																																				
Jarvis, Becca (BJ)	0	100.0	0	0	0	0	1																																																																				
Plews, Kath (KP)	0	0	0	100.0	0	0	1																																																																				
Richardson, Trevor (TR)	0	50.0	0	0	50.0	0	2																																																																				
Wilkinson, Jenna (JAW)	50.0	0	50.0	0	0	0	2																																																																				

Focus Area Reports
By clicking into a focus area (The blue title of the row within your table) you can see a detailed analysis of results. Charts and graphs can be exported if needed.

Detailed information
Allows for leaders to filter results by category, department, team or staff. This allows for easy identification.

This template has been replicated within a SISRA system. All data is demonstrative.



Filter By:

- Quality Assurance
- Staff Appraisals
- NQT / Coaching / SEF**
- CPD

Category List

Mentor (%)	SEF (%)	Total
50.0	50.0	4

Focus Area

Showing the most recent records (up to 10) for **Jenna Wilkinson** for the template: Health and Well-being Check

Record Name	Record Date	Health and Well-being Check
Mentor Health and Well-being Check	17/06/2021	● I'm Great
Mentor Health and Well-being Check	02/02/2021	● I'm So-So

Our new staff report allows you to drill down into individual staff members. Here you can filter by template type and template. In this example, you can easily see the results from the health and well-being checks..

This view provides a handy scrollable breakdown of the focus areas used on each template for up to the last 10 records. It will show a summary of their records as well as the analysis of their focus areas and outcomes for each template type.

The new reports means that mentors can quickly assess the Health and Well-being check history for their mentees and can use them to ensure support has been provided from previous meetings.